



OLD DOMINION UNIVERSITY MONARCH GAME NOTES

2005 NCAA CHAMPIONSHIP FIRST AND SECOND ROUNDS - WORCESTER, MA

2005 ROSTER:

No.	Name	POS	CL	HT	WT	Hometown/High School
1	Isaiah Hunter	G	Jr.	6-3	170	Charlotte, NC/Independence HS
3	John Morris	G	So.	6-2	187	Camp Hill, PA/Trinity HS*
4	Brandon Johnson	G	Fr.	6-1	175	Orlando, FL/ Edgewater HS
10	Drew Williamson	G	So.	6-0	180	Burlington, NC/Cummings HS
11	Abdi Lidonde	G	So.*	6-2	185	Sutton, MA/St. Andrews HS
20	Brian Henderson	G	Fr.	6-4	185	Richmond, VA/Varina HS
21	Jason Thompson	F	Fr.	6-5	210	Sanford, NC/Chatham HS
24	Kiah Thomas	G	Sr.	6-4	190	Norfolk, VA/ Granby HS
30	Sam Harris	C	Fr.	7-3	260	Newnham, Tasmania Australia/Lake Ginninderra
31	Arnaud Dahi	F	So.	6-7	220	Ivory Coast/Life Center Academy(NJ)
40	Alex Loughton	F	Jr.	6-9	240	Perth, Australia/St. Stephen's HS
42	Valdas Vasylius	F	So.	6-7	210	Klaipeda Lithuania/Norfolk Collegiate HS
55	Janko Mrksic	C	Jr.*	6-10	270	Stoney Creek, Ontario, Canada/Bishop Ryan

* Redshirt

PRONUNCIATION GUIDE:

Janko Mrksic..... Yan-ko MER-sick
 Kiah Thomas..... KI-uh
 Abdi Lidonde..... AB-di Li-DON-de
 Arnaud Dahi..... ARNO Da -HEE

Alex Loughton..... LAU-ton
 Valdas Vasylius..... VAL-das VA-Si-li-us
 Klaipeda, Lithuania..... KLA-pe-da

QUICK FACTS:

GENERAL INFORMATION

LOCATION: Norfolk, Va. 23529
 NICKNAME: Monarchs
 FOUNDED: 1930 (as the Norfolk Div. of The College of William & Mary)
 ENROLLMENT: 21,200
 SCHOOL COLORS: Slate Blue (PMS 540), Silver (PMS 877), & Light Blue (PMS 283)
 HOME COURT:
 Ted Constant Convocation Center (8,650)
 SURFACE: Wood
 CONFERENCE: Colonial Athletic Association
 PRESIDENT: Dr. Roseann Runte
 ATHLETIC DIRECTOR: Dr. Jim Jarrett
 OFFICE PHONE: 757-683-3369
 SR. WOMEN'S ADMINISTRATOR: Deb Polca
 ATHLETIC DEPARTMENT PHONE:
 757-683-3375
 TICKET OFFICE PHONE: 757 -683-4444
 ATHLETIC TRAINER: Scott Johnson
 OFFICIAL WEBSITE: www.odusports.com

COACHING STAFF

HEAD COACH: Blaine Taylor (Montana '81)
 RECORD AT ODU: 42-43, Fourth year
 CAREER RECORD: 184-108 (10 years)
 ASSISTANTS: Jim Corrigan (Duke '80),
 Rob Wilkes (Stetson '93) &
 Travis DeCuire (Montana '94)
 OFFICE PHONE: 757-683-3362
 BASKETBALL SECRETARY: Annette Manley

HISTORY

FIRST YEAR OF BASKETBALL: 1930-31
 OVERALL ALL-TIME RECORD:
 1045-776 (73 years) .574
 FIRST YEAR OF DIV. I. BASKETBALL: 1976-77
 DIVISION I ALL-TIME RECORD:
 488-349 (28 yrs) .583
 NO. YRS IN NCAA TRN/LAST: 7/ 1997
 Lost to New Mexico, 55-51
 NO. YRS IN NIT TRN/LAST: 9/ 1999
 Lost 2nd rd at Butler, 75-62
 SPORTS INFORMATION
 SPORTS INFORMATION DIR: Carol Hudson, Jr.
 OFFICE PHONE: 757-683-3372
 E-MAIL: chudson@odu.edu
 HOME PHONE: 757-625-2061
 ASSISTANT: Kim Zivkovich
 E-MAIL: kzivkovi@odu.edu
 SID INTERN: Bobby Parks
 PUBLICATIONS DIR: Tina Price
 E-MAIL ADDRESS: tprice@odu.edu
 FAX NUMBER: 757-683-3119
 MAIL ADDRESS: Rm 124/Athletic Admin. Bldg/
 Norfolk, Va. 23529-0201
 PRESS ROW NUMBERS: 757-683-5596
 VOICE OF THE MONARCHS:
 ESPN 1310 Radio (John Castleberry)
 OFFICE PHONE: 757-671-1000
 FAX: 757-671-1313



HEAD COACH:

Blaine Taylor (Montana '81)
 Career Record: 212-113 (.630) in 11 season
 Record at ODU: 70-48 (4th season)
 Record at Montana: 142-65 (7 years) 1991-98

MONARCH PROBABLE

STARTERS

F 24 Kiah Thomas, 6-4, Sr, Norfolk, Va. 8.3 ppg/ 3.4 rpg
 F 40 Alex Loughton, 6-9, Jr, Perth Australia, 13.9 ppg/8.1 rpg
 F 31 Arnaud Dahi, 6-7, So, Ivory Coast, 10.3 ppg/ 5.5 rpg
 G 10 Drew Williamson, 6-0, So, 6.2 ppg/ 4.7 apg
 G 1 Isaiah Hunter, 6-2, Jr, Charlotte, NC, 13.4 ppg/ 3.2 rpg

OFF THE BENCH

F 42 Valdas Vasylius, 6-7, So, Klaipeda, Lithuania 9.2 ppg/ 4.1 rpg
 G 3 John Morris, 6-2, So., Camp Hill, PA. 2.1 ppg/ 1.1 rpg
 F 20 Brian Henderson, 6-4, Fr., Richmond, Va. 2.8 ppg/ 1.3 rpg
 C 30 Sam Harris, 7-3, Fr., Newnham, Tasmania 1.9 ppg/ 1.6 rpg
 F 21 Jason Thompson, 6-5, Fr, Sanford, NC. 1.2 ppg/ 1.5 rpg
 G 4 Brandon Johnson, 6-1, Fr, Orlando, FL. 3.1 ppg/ 3.0 apg

MONARCH SEEDS IN NCAA

TOURNAMENT

1980 9 th	1982 10 th	1985 12 th
1986 8 th	1992 15 th	1995 14 th
1997 14 th	2005 12 th	





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PAST ODU NCAA

TOURNAMENT RESULTS

1979-80	L 74-87	UCLA / Tempe, AZ
1981-82	L 57-74	Wake Forest / Charlotte, NC
1984-85	L 68-85	SMU / Hartford, CT.
1985-86	W 72-64	West Virginia / Greensboro, NC
	L 61-89	Duke / Greensboro, NC.
1991-92	L 69-88	Kentucky / Worcester, MA.
1994-95	W 89-81 ⁽³⁰⁾	Villanova/ Albany, NY.
	L 52-64	Tulsa / Albany, NY.
1996-97	L 51-55	New Mexico / Pittsburgh, PA.

SERIES VS. MICHIGAN STATE

This will be the first ever meeting between the two teams.

SERIES VS. SYRACUSE

ODU has played Syracuse three times.

1977-78	L 67-64	in Norfolk, ECAC North-South Final
1980-80	W 68-67	in Norfolk
1980-81	L 71-58	in Syracuse.

SERIES VS. VERMONT

ODU and Vermont have met once

1979-80	W 94-81	in Norfolk
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BLAINE TAYLOR AND THE NCAA TOURNAMENT

1992-93	27-4	at Montana 14 th seed	Lost to Florida State, 78-68
1996-97	21-11	at Montana 16 th seed,	lost to Kentucky, 92-54

THIS DAY IN ODU

BASKETBALL HISTORY

March 11, 1999, Mark Poag scores 19 and Reggie Bassette scores 23 as ODU defeats Seton Hall, 75-56 in the NIT first round at the ODU Fieldhouse.

March 13, 1986, Kenny Gattison scores 27 points and hauls down Nine rebounds to lead ODU to a 72-64 victory over West Virginia In the NCAA first round at Greensboro, NC. This was ODU's first NCAA Division I tournament win.

STATISTICAL CAMPARISONS

	ODU	MSU
Points:	71.2	78.1
OPP Pts:	60.3	63.4
FG%	.444	.496
OPP FG%	.403	.430
3PT FG%	.336	.360
FT%	.693	.775
Rebs:	36.6	36.0
OPP Rebs:	34.6	27.9
Assts:	16.3	17.9
Turnovers	12.2	13.9
Steals	9.7	7.7
Blks	4.6	2.7

NOTE:

- This is ODU's eighth trip to the NCAA Tournament
- 28 wins is a new school record for a single season.
- ODU has had ten or less turnovers ten times.
- ODU has held opponents to less than 40 percent shooting 17 times.
- Blaine Taylor won his 200th game at Hofstra. Jan. 19.
- ODU joins Eastern Kentucky and New Mexico as the only other Schools whose men's and women's teams won conference championships.
- Loughton has 1,166 career points (29th) which ties him with Mike Jones ('95) who is now head coach at DeMatha HS.
- Isaiah Hunter now has 955 career points.
- Alex Loughton has 12 double-doubles
- In 91 minutes of playing time, Drew Williamson committed no turnovers in the three CAA Tournament games.
- ODU has shot over 50 percent six times this season. .571 vs. VCU is the season high.
- Sam Harris' seven blocked shots vs. VMI is a new Constant Center Record.
- Brandon Johnson came up with four steals vs. ETSU & 6 vs. Delaware
- The 10,650 in attendance for the ODU-VCU CAA title game is a new conference record.
- KIAH THOMAS: Is the only Monarch in school history to have played in three of ODU's home venues. They are Norfolk Scope, the Fieldhouse and the Ted Constant Convocation Center.

ODU HOME W-L RECORD

14-1 in 2004-05
14-4 in 1981-82
13-1 in 1979-80 & 1983-84
9-0 in 1992-93

ODU 25 WIN SEASONS

25-4 in 1976-77 (NIT, 1st Div. I season)
25-6 in 1974-75 (NCAA Div. II Champions)
25-5 in 1979-80 (1st NCAA Div. I Trn.)
25-9 in 1998-99 (NIT 2nd round)

2004-05 HONORS

CAA TOURNAMENT CHAMPIONS

CAA Player of the Year

Alex Loughton

All-CAA

Alex Loughton (1st team)
Isaiah Hunter (2nd team)
Arnaud Dahi (3rd team)

CAA All-Defensive

Drew Williamson

CAA All-Academic

Alex Loughton

CAA All-Tournament

Alex Loughton(MVP)
Isaiah Hunter
Drew Williamson

CAA Coach of the Year

Blaine Taylor

TEXAS CORPUS CHRISTI CHALLENGE

ODU goes 3-1 to capture the Corpus Christi Challenge, defeating Kent State, 64-59; TCU, 67-62; Shawnee State, 99-54 then lost to Texas A&M Corpus Christi, 71-67. Even though ODU, Kent State and Corpus Christi were 3-1, ODU allowed fewer points. Florida State finished 1-3, TCU was 2-2 and Shawnee State was 0-4.

MVP: Isaiah Hunter

All-Tournament:

Isaiah Hunter
Alex Loughton
Arnaud Dahi



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CAA PLAYER OF THE WEEK:

Isaiah Hunter	11-29
Arnaud Dahi	12-20
Alex Loughton	2-8

OTHER HONORS:

NABC All-Dist. IV
Alex Loughton (1st team)

CoSIDA Academic All Dist.
Alex Loughton (1st team)
3.42 GPA-Business

NATIONALLY

The Monarchs rank

10th in Won-Loss Record
14th in scoring defense
17th in steals
18th in fewest turnovers
22nd in scoring margin (10.9)
22nd in assists per game
29th in field goal percentage defense

CollegeRPI.COM	(35)
RPIratings.com	(27)
Sagarin	(53)

CAA MONARCH RANKINGS TEAM

Scoring-3rd 71.2
Scoring defense-1st 60.3
Free Throw Pct.-3rd .693
Field Goal PCT.-3rd .444
Field Goal PCT Def.-1st .403
3PT FG PCT-8th .336
3PT FG Def.-1st .329
Rebounding-1st 36.6
Rebound Def.-4th 34.6
Rebound Margin-4th + 2.0
Blocked Shots-2nd 4.6
Assists-1st 16.3
Steals-1st 9.7
Asst./To Ratio-1st 1.3

INDIVIDUALS

Scoring	Hunter	12 th	13.4
	Loughton	11 th	13.9
	Dahi	19 th	10.3
Rebounding	Loughton	2 nd	8.1
	Dahi	10 th	5.5
FG PCT	Dahi	1 st	.520
	Loughton	3 rd	.511
Assists	Williamson	3 rd	4.7
	Johnson	9 th	3.0
FT PCT:	Loughton	9 th	.768
	Hunter	12 th	.752
Steals:	Williamson	2 nd	1.7
	Johnson	9 th	1.55
	Loughton	6 th	1.5
Asst/TO Ratio	Williamson	1 st	4.10
Blocks	Dahi	3 rd	1.4
OFF Rebounds	Loughton	2 nd	3.0
DEF Rebounds	Dahi	8 th	4.0
	Loughton	2 nd	4.9

ODU'S TOP DOUBLE DOUBLE PERFORMERS

(Single Season)

1. Chris Gatling (20) in 1990-91
2. Wilson Washington (19) in 1976-77
3. Mark West (17) in 1982-83
4. Mark West (16) in 1981-82
Odell Hodge (16) in 1996-97
& Dave Twardzik (16) in 1970-71 (ast/pts)

ODU CAREER TRIPLE DOUBLE PERFORMERS

Wilson Washington (4)
Mark West (3)

ODU'S RECORD WHEN:

Days:

Mondays (4-0)
Tuesdays (1-0)
Wednesdays (8-2)
Thursdays (1-0)
Fridays (0-0)
Saturdays (12-1)
Sundays (2-2)

Points

40-59: (2-1)
60-69: (9-3)
70-79: (9-1)
80-89: (7-0)
90-99: (1-0)
100 +: (0-0)

Overtime: 0-0

When ODU outrebounds Opp: 19-2

When Opp. rebound ODU: 9-3

20+ turnovers: 0-0

Less than 20 turnovers: 28-5

ALL-TIME SERIES WITH CAA TEAMS

Delaware

Series Record: 6-4
Last Meeting: ODU wins, 56-49 (2-9-05)
Last UD Win: 1-17-04, 64-62 (A)

Drexel

Series Record: ODU leads, 5-4
Last Meeting: Jan 31, 05, ODU wins, 86-72
Last Drexel Win: 2003-04, 82-66 in Philadelphia

George Mason

Series Record: ODU, 27-11
Last Meeting: GMU wins, 74-58 (2-16-05)
Last ODU win: 1-15-05, ODU wins, 71-58(H)



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Hofstra

Series Record: ODU, 7-4
Last Meeting: 3-6-05, ODU wins, 72-58(CAA)
Last Hofstra win: 2-23-05, Hofstra wins, 66-63 (A)

James Madison

Series Record: ODU, 42-22
Last Meeting: 2-26-05, ODU wins 82-60(A)
Last JMU Win: 2002-03, 74-66 (A)

UNC Wilmington

Series Record: ODU, 21-15
Last Meeting: 2-5-05, ODU wins, 74-63 (A)
Last UNCW Win: 2001-02, 66-56 (A)

Towson

Series Record: ODU, 14-1
Last Meeting: 2-2-05, ODU wins, 70-59(H)
Last TU Win: 2001-02, 67-56 (H)

Virginia Commonwealth

Series Record: 34-36
Last Meeting: 3-7-05, ODU wins, 73-66(CAA)
Last VCU win: 1-29-05, 75-71 (H)

William & Mary

Series Record: ODU, 52-14
Last Meeting: 3-5-06, ODU, 64-51(CAA)
Last W&M Win: 1-26-04, 86-77(A)

CAREER HIGHS

Kiah Thomas

Points: 17, vs Drexel (1-31-05)
Rebs: 8, vs Delaware (1-26-05)
Asst: 4, vs JMU(2-16-02) & GMU (2-5-02)

Isaiah Hunter

Points: 28 vs. Hofstra (2-7-04)
REBS: 9 vs. Drexel (1-3-04)
Asst: 10 vs. Drexel (3-8-03) CAA Trn.
3PT FGM: 6, vs. Hofstra (2-7-04)

Alex Loughton

Points: 45 vs. Charlotte (12-06-03)
Rebs: 16, vs George Mason ((2-28-04)
ASST: 6, vs. Charlotte (12-06-03)
Steals: 5, vs. UNCW (1-28-04), &
St. Joe (12-22-04)
Blks: 3, vs. Liberty (12-18-03) &
Towson(1-31-04)

Arnaud Dahi

Points: 20, at Towson (1-13-05) &
Drexel (1-31-05)
Rebs: 12, vs. St. Joseph's (11-29-03)
Blks: 4, (4 times last year)
Asst: 5, vs. Charlotte (12-06-03)

John Morris

Points: 12, vs VMI (12-1-04)
Rebs: 5, vs Maryland Eastern Shore (12-14-02)
Ast: 6, vs. UMES (12-14-02)

Valdas Vasylius

Points: 29, vs Towson (2-2-05)
Rebs: 12, vs. South Alabama (11-20-04)
Assts: 5, vs. JMU (2-11-04)

Drew Williamson

Points: 15, at Hofstra (1-19-05)
Rebs: 7, vs. GMU (1-15-05)
Asst: 8, vs. Hofstra (3-6-04) &
St. Joe (12-22-04) & VCU(2-12-05)

Sam Harris

Points: 14 vs. Shawnee State (11-27-04)
Rebs: 6, vs Shawnee State (11-27-04)
Blks: 7, vs VMI (12-1-04)

Brandon Johnson

Points: 12 vs Hofstra (2-23-05)
Rebs: 7, at ECU (12-12-04).
Assts: 10, vs. Towson (2-2-05)
Steals: 6, at Delaware (2-9-05)

Brian Henderson

Points: 11, vs. VMI (12-1-04)
Rebs: 5, vs. Shawnee St.(11-27-04)
Assts: 3, vs. Shawnee State (11-27-04) &
ETSU(12-18-04)

Jason Thompson

Points: 4, vs. ETSU (12-18), Longwood (12-20) & Hofstra (1-19)
Rebs: 5, vs. Longwood (12-20-04)
Assts: 1 vs. VMI (12-01-04)

TRACKING THE MONARCHS

RADIO: For the 12th straight season ESPN1310 Radio will be broadcasting all the Monarch contests. John Castleberry will be providing the play-by-play with Rick Kiefner and Billy Mann adding the color commentary at all home games and selected Away contests.

INTERNET: The official Old Dominion athletics website is at www.odusports.com which carries the most up-to-date information on the Monarchs. Bios, game stories, stats and box scores can be found along with game notes the morning of the scheduled contests. The live ESPN1310 Radio broadcast of all Monarch games can be heard over the web. All home non-televvised games will be videostreamed this season on the athletic website, www.odusports.com. Fans can watch the games live from the Constant Center for a monthly fee of \$6.95 through the College Pass program which Also provides the audio and video broadcasts of over 100 colleges and universities.

COACHES SHOW: Head Coach Blaine Taylor will join John Castleberry live on ESPN1310 Radio on Thursday's from 5:00 p.m. - 6:00 p.m. throughout the season to review the previous week's games and give an insight into the upcoming Monarch matchups.

CAA TELEPHONIC PRESS CONFERENCES: Members of the media are invited to participate in the CAA's weekly telephonic press conference series. The first call will be Jan. 4 and run each Tuesday morning through March 2. CAA coaches will be available to answer questions beginning at 10:10 a.m. The number to call is **888-452-9753**. Members of the media should contact Tripp Sheppard at the CAA office for the password to access the call. **Blaine Taylor** will be on each call at 10:30 a.m.





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DID YOU KNOW ?

● Five Old Dominion alumni were part of Olympic medals won at the recent Summer Games in Athens, Greece.

Oliver Purnell ('75)-Asst. coach with Team USA Men's Basketball (Bronze Medal)

Anne Donovan ('83) -Asst. coach with Team USA Women's Basketball(Gold Medal)

Charles Ogletree ('89) – Sailor on Team USA Tornado class (Silver Medal)

Marina DiGiacomo ('01)- Argentina field hockey team (Bronze Medal)

Macha va der Vaart ('91) – Netherlands field hockey team (Silver Medal)

● In all, 21 ODU alumni have competed in past Olympic games.

● ESPN Sportscenter anchor Jay Harris is a 1987 ODU graduate.

● Bob Pritchett ('68) who scored 67 points in a game against RPI and and 47 in a game against Hampden-Sydney in 1968 currently lives in Grove City, Ohio (outside Columbus). He is Deputy Supervisor for a juvenile correction facility there.

● In 1994-95, ODU played four top-25 teams. The Monarchs defeated #9 Villanova, 89-81 in triple overtime in the NCAA first round. During the regular season, ODU played at #14 Virginia, and #14 Arizona State and host #1 North Carolina .

● Assistant coach Jim Corrigan is in his 18th year as an assistant on the collegiate level, all in the CAA.

● Assistant coach Rob Wilkes is the son of legendary Stetson head Coach Glenn Wilkes.

● Assistant coach Travis DeCuire played for Taylor at Montana from 1991-94 and earned All-Big Sky honors in 1993 and 1994.

● Of the eight Monarchs who have played in the NBA, two were first round draft picks. Chris Gatling (16th overall in 1991 by Golden State) and Cal Bowdler (17th overall in 1999 by Atlanta). Gatling played in the 1997 NBA all-star game. both are currently playing overseas (Gatling in Russia & Bowdler in Italy).

● The nickname of the state of Virginia is the "Old Dominion."

MONARCH CO-CAPTAINS

This year's co-captains are Alex Loughton and Drew Williamson.

MONARCH RECRUITING

Jonathan Adams, a 6-6, 215-pound forward from Baylor High School in Chattanooga, Tenn. signed a letter of intent for the 2005-06 season. Adams averaged 19.7 points and 12.3 rebounds per game as a junior. He earned first team All-Region and first team All-State honors last year and helped lead Baylor to the state tournament quarterfinals. Adams was a finalist for his state's "Mr Basketball" honor last year. Adams finished second in the Tennessee state championships As a sophomore in the high jump, clearing 6-8. His mother, Priscilla is N.C.State's tenth all-time rebounder with 644 for a 5.4 career average.

ADAMS EARNS ALL TOURNAMENT HONORS

Monarch recruit Jonathan Adams was selected Most Outstanding Player at the Benedictine High School Capital City Classic in Richmond, Va. He was also named the Tournament's Best Rebounder and to the All-Tournament team. Adams hauled In 46 rebounds in the three games. Baylor finished fifth in the tournament, beating Douglas Freeman, 61-39. Adams scored 23 points with 14 boards. He averages 21 ppg. and 10.3 rpg.

TED CONSTANT CENTER RECORDS SET THIS YEAR

INDIVIDUAL RECORDS:

Steals: 5(tied), Alex Loughton vs. St. Joe.
Blocked Shots: 7, by Sam Harris vs. VMI

TEAM RECORDS

Three Point FG PCT: .524(11-21) vs. GMU
Steals: 16 vs. St. Joe's and JMU
Blocked Shots: 17 vs. VMI

OPPONENT INDIVIDUAL RECORDS

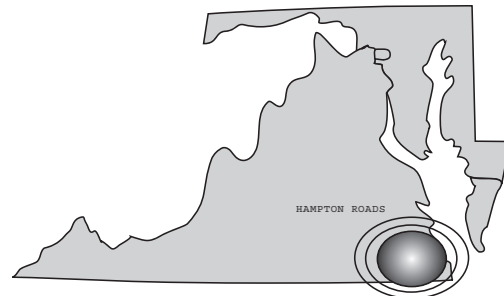
Rebounds: 16 by Dwayne Jones of St. Joe's

OPPONENT TEAM RECORDS

Turnovers: 27 by JMU

ATTENDANCE

UNCW game 8474 (1-22-05)
VCU game 8438 (2-12-05)
HOFSTRA game, 8050 (2-23-05)



ABOUT NORFOLK/ HAMPTON ROADS AREA

- The Hampton Roads area is comprised of seven Cities and has a combined population of approximately 1.5 million, making it the 27th largest metropolitan area in the United States.
- Virginia Beach is the world's largest resort city and Largest populated city in Virginia.
- Virginia Beach has the longest stretch of beach in the World (approx. 27 miles) and has more hotels than any other city its size.
- Norfolk, 1998 Best Big City in the South by Money Magazine, is home to the world's largest Naval installation.
- Norfolk is home to the Norfolk Tides, the New York Mets AAA affiliate and resides in Norfolk's 12,000 seat Harbor Park in downtown Norfolk.



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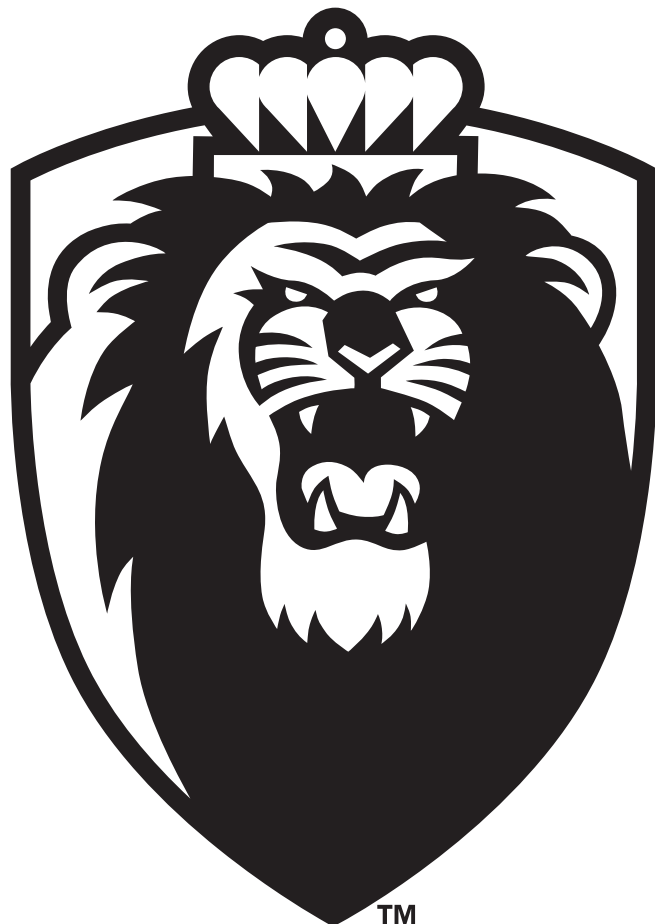
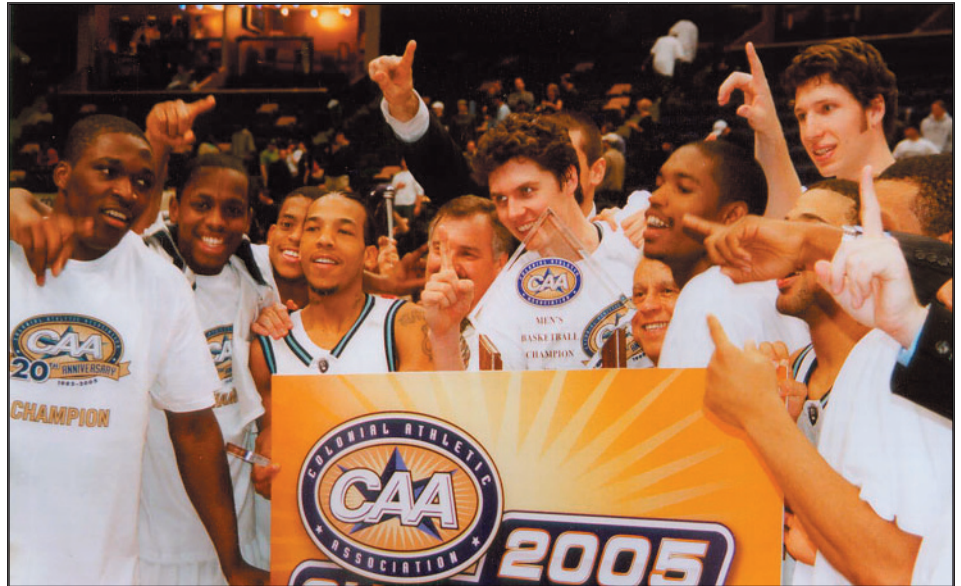
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FORMER MONARCH GREATS

- Mark West ('83)
Assistant General Manager, Phoenix Suns
- Dave Twardzik ('72)
Director of Player Personnel, Orlando Magic
- Oliver Purnell ('75) Head Coach at Clemson

ODU POINT OF PRIDE

- Old Dominion athletic teams have won 32 team and individual National championships, as sailing captured their 15th title in November with the ICSCA singlehanded event.
- Since 1976, ODU has 100 first team All-Americans and 70 First team Academic All-Americans.
- 21 alumni have competed as Olympians.
- Baseball pitcher Justin Verlander was the second overall selection in last June's draft by Detroit.
- Sue Stahl is the US Women's Lacrosse National Coach.
- Former ODU cheerleader, Mary Maniscalco-Theberge('78) is the first female to hold the position of Chief of Surgery at Walter Reed Army Medical Center.
- Athletic Director Dr. Jim Jarrett was named Southeast Athletic Director of the Year (IAA/ IAAA) by NACDA in 2003, & Lifetime Achievement award by the Virginia Sports Information Dir. Assoc. in 2004.
- Ten Monarch coaches and athletes have been enshrined in the Virginia Sports Hall of Fame.



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